



# **GRADING AND TEAM ALLOCATION**

**POLICY & PROCEDURE  
SBRU042**

**THE STRENGTH OF THE  
TEAM IS EACH INDIVIDUAL  
MEMBER**

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# POLICY & PROCEDURE SBRU042

## GRADING AND TEAM ALLOCATION

Sunnybank Rugby Union Club (SBRU) will have the following Team Allocation and Grading Selection policy for Junior teams, under 12 and over in 2023. The purpose of team allocation and grading is to select players for the Division 1 and multiple age-grade teams to ensure SBRU can provide A Place for Everyone with rugby development opportunities.

### UNDER 10 - 11

In U10 - U11, teams are “graded” within the competition groups during the Skill Development Rounds by competition management’s Brisbane Junior Rugby Union (BJRU). Skill Development Rounds focus on core skill areas within the teams. The club does not grade teams internally. Instead, teams are balanced, i.e., Teams must consist of an even distribution of forwards and backs based on an ability to pack a contested scrum. The increase in required playing numbers and players’ registration will mean some teams need to adjust. The adjustments to groups will be made following consultation between coaches and General Manager to ensure teams are balanced.

### UNDER 12 - 18

Please note: Grading is optional; however, players who do not participate in the process will not be considered.

1. Players who want to grade must complete a nomination form and have this lodged with the club by 5 pm, Monday, 30th January. Please see link attached below:

#### 2023 Grading Nomination

2. Players **MUST BE REGISTERED** to Sunnybank Junior Rugby to participate in the grading process.

- Late nominations will be accepted; however, they will be placed on a waitlist and require committee approval to progress.
- Players will Grade for their respective age group with exceptions subject to Committee approval:
  - i. Players already have played up an age group for that year at SBRU and want to continue playing in that Age Grade.
  - ii. Players who have older siblings and are eligible to play a grade up

3. Players will participate in the following based on the Age Grade Head Coach selection process:

- Rugby-specific training, E.g., Fitness testing, modified games etc.
- Contact sessions.
- Internal game-based scenarios.
  - i. Whilst participating in activities, players will be subject to KPIs such as:
    1. Attendance at all training
    2. Attitude

### UNDER 12 - 18 CONTINUED

4. Players will be selected based on these results and their specific positional requirements.

- It should be noted that maturation will play a role in grading profiling for many positions and that player performance may change over time due to changes in maturation rates.
- Players will be selected as Rugby Players primarily and will be selected to play on the team in the position best suited for their team throughout the season. Safety and appropriate position-specific skills will be taken into consideration. However, the ability to play various roles in these age groups presents a great development opportunity for SBRU Players and creates a better Dragon’s Player.

5. Grade team selection will be at most 23 players without committee approval.

6. Players not selected in the graded team will be placed in a side based on the following priority:

- If there is enough composition of previous teams and player registrations, the priority is to maintain the team structure of earlier years.
- If this is not possible, teams will be established based on the availability of volunteers (coaches and managers), with the team not exceeding 23 players.
- Our priority is to have functional teams rather than dysfunctional teams with low numbers or limited positional coverage. Players will be considered based on the following:
  - i. Participation in the grading process.
  - ii. Earliest date of registration and payment.
  - iii. Club history.

### PHYSICAL TESTING

To be considered for selection through the grading process, players must:

- Be registered with Sunnybank Rugby Union Club.
- Complete the grading registration form via Survey Monkey.

On the Physical Testing night, each player will be assigned a number. Coaches will have a list of players with corresponding numbers (Data will be recorded on these sheets)

Players will be taken through 3 aerobic and anaerobic tests in alignment with RA testing protocol:

- 20m & 40m Sprints
- Smart Mat - Vertical
- Bronco - 1.2 km time trial

Players will be measured for:

- Height
- Weight

**Please ensure that the player’s profile via the Rugby Xplorer account is updated with the correct measurements.**

## TRAINING SESSIONS

Coaches will take players through sessions that will allow the selectors to identify the players:

- General skill level – Dragon Core 4: Catch and Pass, Evasion, Tackle and Continuity.
- Positions specific skill level.
- Game knowledge and understanding.

There will be training sessions and games recorded for the selectors to review.

## HEAD COACHES

TEAM	HEAD COACH
Under 12 Green	Chris Bell
Under 13 Green	Owen Qicatabua
Under 14 Green	Paul Tuitahi
Under 15 Green	Mick Ramsay
Under 16 Green	Matt Feaunati
Junior Colts (U17-18)	Teahoterangi Warren Rapata

## U12-18 SELECTION PROCESS

The selection panel will select players for the relevant age groups.

Not all selectors will be at all sessions, but will be able to review recorded trainings and games -

Many Eyes, Many Times

ROLE	PERSON
Selectors	General Manager Junior Rugby Participation Manager
Independent Selectors	Rob Roiri
Head Coach	Individual Age Group Head Coaches

## SELECTIONS

Teams will be announced on Monday, 17 April, via email from Sunnybank Rugby Club.

## U12-18 GRADING SCHEDULE

WK	DAY	DATE	SN	EVENT	NOTE/S
0	Fri	13-Jan		Grading Nomination Opens	Grading Nomination open online
	Wed	18-Jan		U18 Commence Training	
	Wed	25-Jan		U18 Physical Testing	
	Fri	27-Jan		U12-16 Open Evening	Registration Support
	Mon	30-Jan		Grading Nomination Closes	Grading Nomination due by 5 pm
1	Wed	1-Feb	1	U12 Physical Testing U13, 14, 15, 16, 18 Squad Training	Physical Testing conducted by FGP Player's train as a squad within age groups
	Fri	3-Feb	2	U12-18 Squad Training	Training as a squad within age groups
2	Wed	8-Feb	3	U13 Physical Testing U12, 14, 15, 16, 18 Squad Training	Physical Testing conducted by FGP Training as a squad within age groups
	Fri	10-Feb	4	U12-18 Squad Training	Training as a squad within age groups
3	Wed	15-Feb	5	U14 Physical Testing U12, 13, 15, 16, 18 Squad Training	Physical Testing conducted by FGP Training as a squad within age groups
	Fri	17-Feb	6	U12-18 Squad Training	SJRC U5-11 Open Evening
4	Wed	22-Feb	7	U15 Physical Testing U12, 13, 14, 16, 18 Squad Training	Training as a squad within age groups Physical Testing conducted by FGP
	Fri	24-Feb	8	U12-18 Squad Training	Training as a squad within age groups
5	Wed	1-Mar	9	U16 Physical Testing U12, 13, 14, 15, 18 Squad Training	SJRC Committee – Welcome Back BBQ Training as a squad within age groups
	Fri	3-Mar	10	U12-18 Squad Training	Physical Testing conducted by FGP
6	Wed	8-Mar	11	U12-18 Squad Training	Training as a squad within age groups
	Fri	10-Mar	12	U12-18 Squad Training	Training as a squad within age groups Parent Information Evening
	Sun	12-Mar	13	Preseason Games 1	Logistics TBA
7	Wed	15-Mar	14	U12-18 Squad Training	Training as a squad within age groups
	Fri	17-Mar	15	U12-18 Squad Training	Training as a squad within age groups
	Sun	19-Mar	16	Preseason Games 2	Logistics TBA
8	Wed	8-Mar	17	U12-18 Squad Training	Training as a squad within age groups
	Fri	10-Mar	18	U12-18 Squad Training	Training as a squad within age groups
	Sun	26-Mar	19	Preseason Games 3	Logistics TBA
9	Wed	29-Mar	20	U12-18 Squad Training	Training as a squad within age groups
	Fri	31-Mar	21	U12-18 Squad Training	Final squad training within age groups
	Sat	1-Apr		School Holidays	
10	Mon	3-Apr		Finalise Team Selections Commences	Selection panel discussion
	Tue	4-Apr		U16-18 SJRC Academy Commences	SBRU
	Wed	5-Apr		U16-18 SJRC Academy Concludes	SBRU
11	Fri	14-Apr		Finalise Team Selections Concludes	Selection panel discussion
12	Mon	17-Apr		Team Announcement	Teams Announced via email
	Wed	19-Apr		U13, 14, 15, 16, 18 Training	Players Training with their allocated team
	Fri	21-Apr		U13, 14, 15, 16, 18 Training	Players Training with their allocated team
	Sun	23-Apr		Skill Development Round 1	Logistics TBC

\*FGP - Foreground Performance

