

POLICY & PROCEDURE SBRU042: GRADING AND TEAM ALLOCATION

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INTRODUCTION

Sunnybank Junior Rugby Club will have the following Team Allocation and Grading Selection policy for teams in 2021. The purpose of team allocation and grading is to select players for the Division 1 and multiple age-grade teams to ensure Sunnybank Junior Rugby Club can provide **A Place for Everyone** with rugby development opportunities.

UNDER 10 to 11

In U10 - U11 teams are "graded" within the competition groups during the Skill Development Rounds by the Brisbane Junior Rugby Union (BJRU) competition management. Skill Development Rounds are used for focusing on core skill areas within the teams. The club does not grade teams internally. Rather teams are balanced i.e. Teams must consist of an even distribution of forwards and backs based on an ability to pack a contested scrum. The increase in required playing numbers, the registration of players will mean adjustments need to be made in some teams. The adjustments to teams will be made following consultation between coaches and the Director of Rugby to ensure teams are balanced.

Please note: This will be applied to the 2021 U10's due to the opportunity of moving from 3 to 2 teams due to playing numbers. 2021 U11 will remain status quo but with new players being allocated following consultation between coaches and Director of Rugby Operations.

UNDER 12 to 18 GRADING – Division 1

Please note: Grading is optional however players who do not participate in the process will not be considered.

1. Players must be registered to participate in the grading process.
 - Late nominations will be accepted however they will be placed on a wait list and will require committee approval to progress.
2. Players who want to grade must complete a nomination form and have this lodged with the club by 5pm on **Thursday 4th March 2021.**
3. Players will participate in the following based on the Age Grade Head Coach and Coordinator selection process:
 - Rugby specific training E.g. Fitness drills, modified games etc.;
 - Contact sessions;
 - Internal game-based scenarios.
4. Players will be selected based on these results and their specific positional requirements.
 - It should be noted that maturation will play a role in grading profiling for many positions and that over time player performance may change simply due to changes in the rates of maturation.
5. Grade team selection will not exceed 20 players without committee approval.

6. Players not selected in the graded team will be placed in a side based on the following priority:
- If there is enough composition of previous teams and player registrations the first and preferred priority is to maintain the team structure where possible from previous years;
 - If this is not possible teams will be established based on the availability of volunteers (coaches and managers) with the team not exceeding 23 players;
 - Our priority is to have functional teams rather than dysfunctional teams with low numbers or limited positional coverage. Players will be considered based on:
 - i. Participation in the grading process;
 - ii. Earliest date of registration and payment;
 - iii. Club history.

2021 Under 12 – 18

Coaches

Age Group	Head Coach & Coordinator
Under 12 Green	Phil Broadhurst
Under 13 Green	Mick Ramsay
Under 14 Green	Fabio Westphal
Under 15 Green	Warren Rapata
Under 16 Green	Pale Feaunati
Under 18 (Junior Colts)	Charles Boggs
U12 Girls	Ivania Wong
U14 Girls	Dan Felu
U16 Girls	Shobna Moore
U18 Girls	Ratu Maseinawa

Non-Green Team Head Coaches and Assistants will be confirmed dependent on player selections and numbers.

Selection Panel

The selection panel will be tasked with selecting players for the relevant age groups.

Role	Person
Age Grade Head Coach & Coordinator	See Age Grade Head Coach & Coordinator Coaches
Independent Selectors	TBC
Selectors	Assistant Coaches
Junior Rugby Participation Manager	Riley Martyn

Grading Schedule

Date	Activity	Notes
Wednesday 3 rd March	Training	For All Players Who are Registered for Grading. For All Players Who are not Registered for Grading.
Thursday 4 th March	Grading registration deadline	All players must be registered for grading by 5pm.
Friday 5 th March	Training	For All Players Who are Registered for Grading. For All Players Who are not Registered for Grading.
Saturday 6 th March	Game	Pre-season games – Caloundra – To Be Confirmed
Sunday 7 th March	Game	Pre-season games – Caloundra – To Be Confirmed
Wednesday 10 th March	Training	Physical Testing Night – Schedule to be confirmed
Friday 12 th March	Training	For All Players Who are Registered for Grading. For All Players Who are not Registered for Grading.
Sunday 14 th March	Game	Pre-season game – at Redlands
Wednesday 17 th March	Training	For All Players Who are Registered for Grading. For All Players Who are not Registered for Grading.
Friday 19 th March	Training	For All Players Who are Registered for Grading. For All Players Who are not Registered for Grading.
Sunday 21 st March	Game	Pre-season game – at Souths

Tuesday 23 rd March	Announcement	Teams Announced via email
Wednesday 24 th March	Training	Individual teams
Friday 26 th March	Training	Individual teams
Sunday 28 th March	Game	Pre-season game – at Sunnybank – Allocated teams
Sunday 2 nd May	Round 1	Venue and Competition TBC

Physical Testing

To be considered for selection through the grading process players must:

- Be registered with Sunnybank Rugby Union Club;
- Complete the grading registration form via Survey Monkey;

On the Physical Testing night, each player will be assigned a number. Coaches will have a list of players with, corresponding numbers (Data will be recorded on these sheets)

Players will be taken through 3 aerobic and anaerobic tests in alignment with RA testing protocol:

- 20m & 40m Sprints;
- Standing Long Jump;
- Yo-Yo Aerobic Test or 1.2 km time trial.

Players will be measured for:

- Height;
- Weight.

Training Sessions

Coaches will take players through sessions that will allow them to identify the players:

- General skill level;
- Positions specific skill level;
- Game knowledge and understanding.

Selections

Teams will be announced on Tuesday 23rd March via email from Sunnybank Rugby Club.